



549 W Randolph Street, Suite 704 • Chicago, IL 60661
Phone 312-666-9836 • Fax 312-781-1736

CARA's 2007 LaSalle Bank Chicago Marathon Training Program

Name _____

Address _____

City, State, ZIP _____

Home Phone _____ Work Phone _____

E-mail _____ Gender _____ Date of Birth _____

CARA # _____ Approximate training pace _____ Shirt Size: S M L XL XXL

Please indicate your training location:

- | Location | Session |
|--------------------------|----------------|
| () Chicago-Downtown | Saturdays |
| () Chicago-Lincoln Park | Sat./6:00 a.m. |
| () Chicago-Lincoln Park | Sat/6:30 a.m. |
| () Chicago-Lincoln Park | Sundays |
| () Libertyville | Saturdays |
| () Elmhurst | Saturdays |
| () Wheaton | Saturdays |
| () Oak Forest | Saturdays |
| () Darien | Saturdays |

Please circle your program fee:

- | | |
|--|----------|
| CARA Member (if you join CARA now you can take the CARA member rate today!) | \$150.00 |
| Non-member | \$180.00 |
| CARA Member & previous CARA Marathon Training Program participant | \$100.00 |
| Year _____ (please indicate the last year in which you last participated in CARA's Marathon Training.) | |

Mail me my Marathon Training Packet –

- Check here if you would like you packet mailed to you. (additional \$6.00 fee applies) \$ 6.00
If you register on or before May 12, your packet will be mailed to you the week of May 14 - 18. If you register after May 12, you will receive your packet in 8-10 business days.

Join CARA Now and Save on All Training Programs

- I'm not a member, but I'd like to join CARA now – use CARA Member totals above, plus:
- | | | |
|------------------------------|--------------------------|----------|
| 1-year individual - add \$38 | 1-year family – add \$60 | \$ _____ |
| 2-year individual - add \$65 | 2-year family – add \$90 | |

GRAND TOTAL \$ _____

Payment Method (make checks payable to CARA)

Circle one: Cash Check Visa MasterCard Discover Card American Express

Credit Card Number _____ Expiration date _____

Credit Card Security Code: _____ (this number must be included to process your registration)

For Visa, MasterCard and Discover; this is the last 3 numbers printed in the signature area of the back of the credit card. For American Express, this is the 4-digit security code printed on the front of your card on either the right or the left side.

Refund Policy - No prorates apply and NO REFUNDS can be issued for any reason, including injury, after a program begins. REGISTRATION IS NOT TRANSFERABLE. You cannot give your registration to another person. Registration fees must be paid before beginning any program. Entry to The LaSalle Bank Chicago Marathon is not included with the program fee.

SIGN WAIVER - You must sign the waiver below.

In consideration of being permitted to participate in CARA's 2007 Training Programs, I do hereby, for myself and heirs and personal representatives, release and discharge the Chicago Area Runners Association, LaSalle Bank, The LaSalle Bank Chicago Marathon, Chicago Park District, Gatorade, NovaCare Rehabilitation, Goose Island Brewery, USA Track & Field, Chicago Park District, American Cancer Society, Fleet Feet Sports, Children's Memorial Hospital, Y-ME of Illinois, and their affiliates, agents, spouses, employees, officers, directors, successors, assigns, and all other persons connected with this program, from any and all liabilities on account of any injury, death, or damage growing out of my participation, whether caused by their negligence or otherwise. I hereby grant full permission to any and all of the foregoing to use any photographs, motion pictures, recordings, or any other record of this program without monetary payment to me. I am physically fit and sufficiently trained to participate in this program and recognize the risks involved, and intend by this release to assume full responsibility for anything that might happen to me.

Signature _____ Date _____