



549 W Randolph Street, Suite 704 • Chicago, IL 60661
Phone 312-666-9836 • Fax 312-781-1736

Registration Form
CARA's 2007 Fall Half Marathon Training Program
Chicago-Lincoln Park Training Site

Name _____
Address _____
City, State, ZIP _____
Home Phone _____ Work Phone _____
E-mail _____ Gender _____ Date of Birth _____
CARA # _____ Approximate training pace (minute-per-mile) _____

Technical Running Shirt Size (circle preference)

Women's - S M L XL
Men's - S M L XL

REGISTRATION FEES

Use the **member rate if you are joining CARA** when registering for this program

CARA Members

First-time CARA Half Marathon Training participant – enter \$90 \$ _____
Previous CARA Half Marathon Training participant – enter \$60 \$ _____

Non-Members

First-time CARA Half Marathon Training participant – enter \$120 \$ _____

CARA MEMBERSHIP – Join CARA and SAVE!

Individual: One year – add \$38 Two year – add \$65 \$ _____
Family: One year – add \$60 Two year – add \$90 \$ _____

TOTAL \$ _____

PAYMENT METHOD (make checks payable to CARA)

Cash Check \$ _____ VISA MasterCard Discover American Express

Credit Card # _____ Expiration _____

Credit Card Security Code: _____ (this number must be included to process your registration)

For Visa, MasterCard and Discover; this is the last 3 numbers printed in the signature area of the back of the credit card. For American Express, this is the 4-digit security code printed on the front of your card on either the right or the left side.

Mail this complete form to: Chicago Area Runners Association, 549 W. Randolph St., Suite 704, Chicago IL 60661,
or, if you are paying with a credit card, you may fax this form to us at 312-781-1736

Refund/Registration Policy - Sorry, no prorates apply and NO REFUNDS can be issued for any reason, including injury, after a program begins. REGISTRATION IS NOT TRANSFERABLE. Race entry fees are not included with CARA's Program fees. You cannot give your registration to another person. Registration fees must be paid before beginning any program.

SIGN WAIVER - You must sign the waiver below.

In consideration of being permitted to participate in CARA's Training Programs, I do hereby, for myself and heirs and personal representatives, release and discharge the Chicago Area Runners Association, LaSalle Bank, Chicago Park District, and their affiliates, agents, employees, officers, directors, successors, assigns, and all other persons connected with this program, from any and all liabilities on account of any injury, death, or damage growing out of my participation, whether caused by their negligence or otherwise. I hereby grant full permission to any and all of the foregoing to use any photographs. Motion pictures, recordings or any other record of this program for any legitimate purpose, without monetary payment to me. I am physically fit and sufficiently trained to participate in this program and recognize the risks involved, and intend by this release to assume full responsibility for anything that might happen to me.

Signature _____ Date _____