



Runner Gripes

Charging extra for on-line registration
Entry forms that don't list the exact hours of registration and packet pickup
Entry forms with important information on the back of the tear-off application
Entry fees that increase long before race day
No telephone number or e-mail on entry forms
Voicemail that doesn't connect to race info
Web sites that don't link to race info
No race day packet pickup
Landmark instead of address for location of packet pickup
Landmark instead of address for location of start line
No signs directing runners to parking
No secure gear check
Long, slow moving lines for race day registration and packet pickup
Pre-registrations not on file at packet pickup
No provision for team packet pickup on race day
No pins at packet pickup
No course maps in packets
No packets
T-shirts that are too big
No small or medium t-shirts
No t-shirts for pre-registered runners
Sponsor logos covering the entire back of t-shirts
Ugly t-shirts
Long lines for toilets
Toilets that don't work
Toilets far from the start/finish area
No toilets
No place to wash hands after using toilets
Speeches, songs, and other ceremonies at the start line
Late start – for any reason
Crowded start
Narrow start area
Poorly marked start line
Parked cars in the start area
Runners and walkers starting together
Walkers starting in front of runners
Slow runners starting in front
Baby joggers/strollers in races
No sound system at start area (bullhorns are useless)
Countdown at the start (last announcement should be 30 seconds before start)
Racing on courses that aren't cleared of non-racers

Runner Gripes, cont.

Running two or more laps on the same course
Courses with lots of turns
Courses with hairpin turns
Racing on concrete
Running over bridges
Mile markers in the wrong place
No split times at mile markers
No six-mile split time in a 10k
Too few course marshals
Course marshals who just stand there and do nothing
Course marshals who misdirect runners
No course marshals
Poorly marked courses
Poor traffic control
No traffic control
Sharing streets with cars
No pre-poured water at the start
Too few water stations on the course (should be at least every 2 ½ miles)
Water stations exactly at mile markers (can't take water and punch watch at same time)
Volunteers who don't know how to hand out water
Plastic cups for water (should be paper)
Running out of pre-poured water
Running out of cups
Walkers blocking the course
Walkers blocking the finish area
Spectators blocking the finish area
Clocks on the ground where runners can't see them
Finish line not clearly marked
Back up in finish line chutes
Popsicle stick finish lines
No water at the finish
Not enough food at the finish
No food at the finish
Allowing runners to take armfuls of food
Allowing spectators to take food
Paying extra to get food
No 5-year age groups for older runners
Giving age group awards to overall winners
Speeches and ceremonies that delay awards

Runner Gripes, cont.

Waiting too long for award ceremonies
Award ceremonies that take too long
Late results
Misspelled names in results
Incorrect results
On-line results you can't scroll through
Paying extra to get results
No results